



### **Discernment of Gifts workshop**

This workshop using The Catholic Spiritual Gifts Inventory by Sherry Weddell is designed to help Christians discern the gifts God has given them and encourages them to become active participants within the parish community.

### **The Gift of Welcome workshop**

The aim of this workshop is to assist parishes reflect on the need to create an environment where those who visit or are regulars are warmly welcomed into the church community.

### **The Gifts of Charisms in the Diocese of Maitland-Newcastle**

This workshop explores the different charisms that were the foundations of our school system in our Diocese which include, Dominican, Josephite, Mercy and Marist.

### **Integrity in the Service of the Church**

The principles and standards put forward in this workshop will explore the five basic principles for Church Workers, are committed to justice and equity, uphold the dignity of all people and their right to respect, are committed to safe and supportive relationships, reach out to those who are poor, alienated, marginalised, strive for excellence in the performance of their work through the lens of the Catholic Social Teachings.

**Workshops can be created to suit the needs of your community.**

For more information about these courses,  
visit [WEB PAGE](#)

#### **Contact us**

**Rose McAllister**

Manager Formation and Education, Pastoral Ministries

**P** 02 4979 1346 **M** 0414 962 922

**E** [rose.mcallister@mn.catholic.org.au](mailto:rose.mcallister@mn.catholic.org.au)

# **Formation and Education**

Short Courses in your local community

**The following short courses run over a three-week period for three hours per session face to face. The units are designed to unlock the mystery of faith and discover how it can be applied to our world today.**

Each course provides a general overview of the area of study, no prerequisite knowledge is required, and a written reflection is optional. The short courses are suitable for those who are new to the Catholic faith or would like to learn more.

### **The Old Testament**

This course is designed to introduce you to the literature, history, messages, and themes of the Old Testament. Through an understanding of the Hebrew Scriptures, readers develop an understanding of the people of Israel and a picture of Israel's relationship with God.

### **The New Testament**

This course is designed to introduce you to the development of books, the context, content, scope and purpose of the New Testament. Through an understanding of the Christian Scriptures, readers develop an understanding of Jesus' message of the Kingdom of God and how this relates to our life today.

*Extension course – The Gospel of Luke – two additional two hour sessions*

### **Catholic Social Teachings**

This course is designed to introduce the core concepts, historical and biblical foundations of the Catholic Social Teachings and how we can live today with a spirit of justice.

### **Spirituality and The Arts**

This course is designed to explore how the Arts have contributed to the spirituality of the Church.

### **Communion of Saints**

This course is designed to develop an understanding of the Catholic Church's teachings on the Communion of Saints.

### **The Christian Spiritual Journey**

This course explores the important dimension of the faith journey of people is the broader spiritual journey as distinct from the more traditional faith practices through prayer and eucharist. For a Christian, spirituality implies a focus on the core message, on the essential relationship between God, ourselves, our world and all that this implies.



### **Full and half day workshops or reflections**

#### **Prayer**

There are many forms and traditions of prayer. Prayer, in essence our conversations with God, is a deeply personal thing. Here is an opportunity to explore the various prayer traditions evident over the centuries that can nourish individuals and communities.

#### **Art and Spirituality**

This workshop will provide an opportunity to awaken the Spirit through the beauty of God's creation, prayer, and reflection. Participants will engage in art making experiences which will nourish their faith.

#### **Variations of Art and Spirituality**

#### **Print and Pray**

Participants will make their own Gelatine printing plate and experience the joys of using this form of mono-printing while engaging in prayerful reflection throughout the day.

#### **Paint and Pray**

Participants will be guided step by step to create their own icon and invited into contemplation and pray through this process.

#### **Eco-Spirituality**

This workshop is designed to develop an understanding of the Catholic Church's teachings on our natural world and what our responsibility is to care for it.

#### **Active Listening**

This workshop is designed to identify ways we all can develop better ways to communication with others.

