

## SUGGESTED RESOURCES

# Stations of the Cross

The Stations of the Cross (also known as the Way of the Cross) is a traditional devotion in honour of the life, death and resurrection of Jesus. In a sense, the Stations form a mini-pilgrimage leading us through the events of the final hours of Jesus' life on earth.

Praying the Stations of the Cross is not intended to lead people to dwell on Jesus' suffering but instead is a renewal of baptism, leading us down into the grave with Christ so as to rise with him and encourage a renewed way of living with love and openness to all.

Numerous versions of the Stations of the Cross are available for parishes to pray. From devotions that focus on the scriptures to those that reflect on issues such as poverty or sexual abuse in the church. Some have been developed with particular groups in mind, including children, youth, women or the elderly.

Importantly, when selecting a devotion, keep in mind the types of people who may be present. Choose images carefully so as not to cause undue distress to those who may be present. Be particularly aware of vulnerable adults and children.

Some recommendations are listed here:

## by Fr Anthony Kelly

### Way of the Cross by Fr Anthony Kelly

A contemporary and prayerful Stations of the Cross.

Available on the Redemptorists website and to download as a pdf.

[https://www.cssr.org.au/pray\\_with\\_us/dsp-default.cfm?loadref=263](https://www.cssr.org.au/pray_with_us/dsp-default.cfm?loadref=263)



## for Our Times

**Stations of the Cross for Our Times** were devised a number of years ago by Kildare and Leighlin Diocese Faith Development Services Team at the request of the Vicars Forane of the diocese.

Having been in popular use across the diocese for a number of years, they were published in booklet form in 2014. The result is an 18 page publication, with graphics and an easy to use, participative lay out. Each station follows a similar format and takes up one page in the booklet.

These stations can be used individually or by a group.

The **sung response** given at the end of each Station is taken from the well-known spiritual song 'Were You There'.

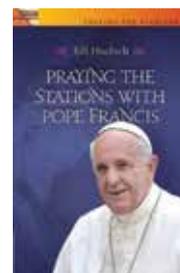
Website: <https://www.kandle.ie/stations-cross-times-2012/>

## with Pope Francis

### Praying the Stations with Pope Francis

Pope Francis is calling the whole church, including himself, to live more simply, to be in greater solidarity with the poor, and to have a renewed encounter with Christ. As we walk with Jesus to the Cross, Pope Francis leads us to reflect deeply on our call to imitate him with our lives. These are the traditional Stations in their traditional setting. But here you will find a stirring approach to living the Paschal Mystery and here you will experience the wondrous power of the Spirit to touch your heart.

Available for purchase from the 'Pastoral Center', USA or **Garratt Publishing**.



## Catholic Education

Catholic Education Archdiocese of Melbourne  
incl. **Scriptural Stations of the Cross**

Produced by Catholic Education Melbourne  
(Prayer Video and pdf download)

<http://www.resourcemelb.catholic.edu.au/object.cfm?o=196>

# for Families

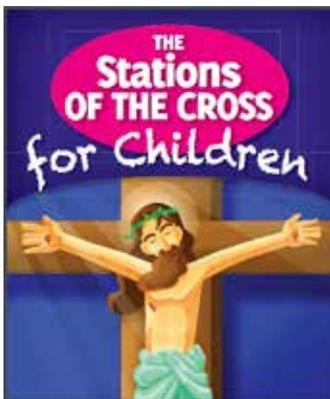
Developed in 2014 by the Diocese of Broken Bay this resource is intended for families to pray together and help them to understand Christ's message of a forgiving and sustaining love for all.

<https://www.bbcatholic.org.au/parish-community/marriage-and-family/supporting-our-families>

Versions of the Stations of the Cross are also available with a particular focus such as for children, youth, seniors, woman and social justice concerns.

These are available through publishers such as **Liguori Publications** and **Garratt Publishing**.

Some appropriate choices are listed below:



# for Children

**Stations of the Cross for Children** is available from **Liguori Publications**.

The 14 Stations of the Cross are colourful and organised for young children to easily follow along, with a prayer written just for them and a leader portion to help children understand the meaning of each station. The double-sided, trifold prayer card is sturdy enough to be used year after year.

**Loyola Press** has adapted the stations for children with text from Loyola Kids Book of Everyday Prayers.

Choose from either an online presentation or printed format.

Available from:

<https://www.loyolapress.com/our-catholic-faith/liturgical-year/lent/stations-of-the-cross/multimedia-stations-of-the-cross-for-children>

A simple version of the Stations of the Cross for Children are available to download from **The Kids Bulletin**

<https://thekidsbulletin.com/stations-of-the-cross/>



*for Families*

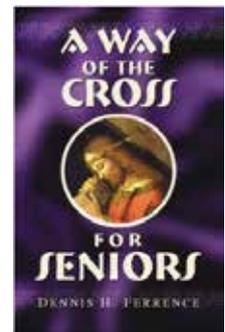


# for Youth

World Youth Day provides an opportunity for young people across the globe to pray this devotion. These are appropriate for all ages:

**Krakow 2016:** <http://archive.krakow2016.com/en/way-of-the-cross.html>

**Panama 2019:** <https://s3.panama2019.pa/home/download/PDF/oracion-EN.pdf> (see page 27 of the prayer book)



# for Seniors

**A Way of the Cross for Seniors** by Dennis H. Ference. Set in large print, this compassionate and inspiring pamphlet offers seniors a Way of the Cross to help them relate the later stages of life to Christ's journey to Calvary.

<http://www.liguori.org/a-way-of-the-cross-for-seniors.html>



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