Grandparents Raising Grandchildren NSW (GRG NSW) is a resource for grandparents, relatives and kinship carers providing timely and useful information on services, networks, tips, stories and support available to carers.


There is no doubt that the role of becoming a parent the second time around is very different to the first. Our research has shown, and Grandparents often talk of, the major upheaval to their lives; the isolation, the energy drain and the financial and legal difficulties they face. There is often little preparation for the new role they have taken on with the host of unforeseen problems they encounter.

At the same time grandparents talk of the love they feel for their grandchildren and the satisfaction that comes from being able to protect and nurture them. They share stories of challenge and perseverance. They speak of the joy they feel in watching their grandchildren thrive and in the giving and receiving of love.

This new life can be daunting without good supports and clear information.

Grandparents have always played a valuable role in our society by offering care, love and guidance to their children and grandchildren.

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Informal Grandparent and Other Carers in New South Wales

The internet is a useful source of information for out-of-home carers.


This link contains information to Commonwealth, state and territory, and non-government information, supports and services that may be useful to you.

Go to National Support and Services to find out what Commonwealth and non-government support people may be eligible for.

Find the answer to Frequently Asked Questions about Australian Government support.

- Parentline NSW – A free, professional telephone service to help you with raising children aged 0 to 18 years. Call 1300 1300 52 to speak to someone 24 hours a day, seven days a week.
- Careline – If you have any problems raising grandchildren aged 0 to 5 years, you can call 1300 CARING (1300 227 464) 7 days a week for professional help.
- Raising a Grandchild – Find information for grandparents who are raising their grandchildren in Australia.
- Parenting Information – Tips and guides on raising children.
- Healthy Kids – Information and ideas about physical activity and healthy eating for children and young people.
- Support for children – If your grandchild has experienced family violence or child abuse they may need professional counselling. This website has a list of services that might help.
****Grands Grandparents Relatives and Supporters


- Grands Raising Kids has been set up to provide information and support for grandparents and relatives (kinship carers), caring for children who are unable to live with their parents. We also work to raise community and government awareness of the needs of the children and their carers.
- Grands Raising Kids is based in the Hunter Region. We are incorporated in NSW, Australia, and run solely by volunteers.

****Samaritans Kinship Care


- Kinship Care is support for grandparents who are raising their grandchildren.
- Kinship Care runs peer support groups and community forums, and offers information for grandparents on how they can access financial and legal assistance in the event that they feel their grandchildren are receiving inadequate care.
- Current Kinship Care groups exist throughout the Central Coast, Newcastle, Lake Macquarie, Hunter and Mid-North Coast regions.
- There are new Kinship Care groups forming all the time. Call Karen on the details below to discuss starting a group in your area.

****Free DVD

Kinship Care (also known as GAPS – Grandparents As Parents) has produced a DVD titled Raising Others’ Children. View a snippet on the Samaritans website or contact the Central Office to be posted a copy 1300 656 336.

****Make Today Count www.maketodaycount.org.au

Support organisation for people confronting a life threatening illness, also provides bereavement support.

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