



Find out what everyone's talking about - Experience 'The Reflection' this Lent

What are you doing for Lent this year? If you are looking to enrich your Lenten experience, either as a parish or family group, or in your own home at your own pace, why not join the Australian bishops in their enormously popular online program, **The Reflection**.

Launched last year as an initiative of The Australian Catholic Bishops Conference Commission for Mission and Faith Formation, the success of **The Reflection** 2010 was overwhelming. More than 30,000 people across Australia and around the world logged on each week during Lent to join the bishops in exploring and meditating on the Sunday Gospels using the prayerful method of *lectio divina*.

Archbishop John Bathersby, the Chairman of the Bishops Commission for Mission and Faith Formation, said he hoped even more people would join in this year.

"The feedback from the first **Reflection** has been excellent," he said. "It seems that providing this kind of online vehicle for personal and shared reflection on the Scriptures during Lent has tapped into a deep thirst that we all have to encounter God in our lives, wherever we are at.

"It was an enriching experience not only for the tens of thousands of people who logged on and joined in the program, but also for us bishops who took part and shared our personal Lenten pilgrimage through meditating on the Scripture readings.

"I invite everyone to join us with **The Reflection** again this year as we journey towards Easter together."

Archbishop Bathersby said an especially poignant part of this year's program will be the inclusion of a tribute to and reflections from the late Bishop of Sandhurst, Bishop Joseph Grech, who died in December, after having filmed his contribution for **The Reflection**.

The Reflection will begin at midday on Monday, March 7 and will comprise seven short weekly episodes posted on the website at the same time each Monday during Lent. You can join in by simply logging on to the website each week at <http://thereflection.vividas.com>.

In each episode, the Bishops will provide their unique insight into what strikes them about the upcoming Gospel reading as well as considering what the reading teaches us and what it might mean for our lives.

The Reflection is perfect for parish or family groups. However, for those who find it hard to get to group meetings, the episodes will be archived on the site, so you can log on at any time from home and work with it at your own pace and in your own time over the week.

For more information contact Annie Carrett on 02 9847 0724 or email news@dbb.org.au.
thereflection.vividas.com