

DIOCESAN LITURGY COUNCIL

Exploring the Liturgical Year through Scripture

“Beginning with the Easter Triduum as its source of light...the Resurrection fills the whole liturgical year with its brilliance. Gradually, on either side of this source, the year is transfigured by the liturgy” (CCC 1168).

Background

Through the Church's liturgical year, and its unfolding cycle of seasons and feasts, the life and mystery of Jesus Christ is revealed for the People of God to participate in fully, consciously and actively, such that they learn to live the Paschal Mystery in their daily lives.

This is why the liturgical year is the primary 'text' for the journey of Christian Initiation.

The following online resources are designed to accompany and nourish you, your parish group or your family throughout the liturgical year. They are grounded in the Gospel or the readings of the day.

Some resources offer a subscription which means you receive them directly via email each day.

Resources

Daily Scripture – Servants of the Word

Explores the readings of the day using the following process: Reading of the Gospel, followed by the other readings, a Meditation, a Psalm response, finishing with a quote from the early Church Fathers. This process takes about half an hour.

[Daily Scripture Readings and Meditations – Daily Scripture Readings and Meditations](#)

Christian Art – Fr Patrick Van der Vorst

Focuses on the Gospel with the inclusion of a work of art. Collectively the art and Gospel are explored in the reflection.

[CHRISTIAN ART | Daily Gospel Reading & Art Reflection](#)

Daily Reflections – Creighton Jesuit Catholic University, Nebraska

Led primarily by the lay faithful, this resource provides a reflection on the readings of the day. The reflections are brief and perfect for busy people.

[Creighton U Daily Reflections](#)

Loyola Press – Liturgical Year

Provides background on the Sunday reading ordered according to the Liturgical Year. It includes age-appropriate ways to help children connect with the readings and is targeted for family use. It is particularly good for schools and SRE teachers.

[Liturgical Year | Loyola Press](#)

Liturgy Life – Diana Macalintal

This site explores Sundays and significant days in the liturgical year e.g. Ash Wednesday. It links nicely with the Mystagogical Reflection process of reflectively sitting with the Sunday Gospel for the week.

[Liturgy.life – Helping you bring liturgy to life](#)

Catholic Diocese of Sale – Sunday Gospel Reflections

Priest and lay faithful of the Diocese of Sale contribute Gospel reflections for Sunday masses throughout the year.

[News - Catholic Diocese of Sale \(cdsale.org.au\)](#)

The Doohan Discourse

Fr Andrew Doohan, one of our diocesan priests currently ministering as parish priest at Dungog, offers reflections on the Sunday Gospel and other writings. These are available via a podcast or Spotify.

Podcasts: <https://podcasts.apple.com/us/podcast/the-dooan-discourse/id1743645697>

Spotify: <https://open.spotify.com/show/5uWYZ0ibHeCwOUhhHmXeLn>

Liturgy Help

LiturgyHelp is a subscription website that gives access, to parishes, schools and other Catholic communities, to the official Lectionary and Missal, integrated with national Liturgical Calendars and has a wealth of other liturgical resources. It includes homilies, reflections and commentaries.

[Log in \(liturgyhelp.com\)](#)

Prepared by the Diocesan Liturgy Council.
The document will be continually updated.

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