



A great education program designed to help young people deal with some of life's big issues.

Young People's Companion Training

Presented by accredited Seasons for Growth trainer—Benita Tait

Seasons for Growth is a special loss and grief education program that assists young people to deal effectively with change and loss, enabling them to lead happier and more fulfilled lives.

Seasons for Growth is an educative process where young people can explore and understand what happens when they experience significant change/loss in their lives, e.g. parental separation, divorce, death of someone close, living with disability/mental illness/terminal illness, moving, living in foster care, pet loss.

A **Companion** is a facilitator for *Seasons for Growth* groups of between 4 to 8 participants. Companion Training is for people who are interested in becoming a trained facilitator of the *Seasons for Growth* Program in order to implement it in their organization/school or to Volunteer in community based provision of the program.

Dates for 2012

22-23 February	Newcastle
13-14 March	Forster
8-9 May	Aberdeen (TBC)
20-21 June	Newcastle
21-22 November	Newcastle

Cost: \$ 380.00 (including GST)

Includes morning tea and lunch

(GoodGrief invoices separately for the manual)

Please note: Members of the Diocese of Maitland-Newcastle are subsidized for training.

Registration:

All participants must register online with

Good Grief at: www.goodgrief.org.au

(click on training and follow instructions)

For more information contact:

Jenny on 4979 1355

Seasons for Growth Hunter region is funded by:

Catholic Schools Office and Diocese of Maitland-Newcastle.

