



A great education program designed to help adults understand and manage change, loss and grief in their lives.

Companion Training Adult Program

Presented by accredited Seasons for Growth trainer—Benita Tait

The **Seasons for Growth** Adult program draws on J William Worden's Tasks of Grieving as the basis of the process, and is enhanced by other modalities, such as narrative theory and change management theories combined with new material and learning processes consistent with the needs of adult learners.

The focus of the **Seasons for Growth** Adult program addresses a range of losses experienced by participants in addition to death, separation and divorce including but not limited to: illness, disability, adoption, abuse, workplace change, unemployment and cultural dislocation.

A **Companion** is a facilitator for **Seasons for Growth** groups of between 4 to 7 participants. Companion Training for the Adult program is for people who are interested in becoming a trained facilitator of the **Seasons for Growth** Adult Program in order to implement it in their organization or to Volunteer in community based provision of the program.

Dates for 2012

15-16 March	Forster
10-11 May	Aberdeen
25-26 June	Newcastle

Cost:

\$550 (including GST)

Includes morning tea and lunch

(GoodGrief invoices separately for the manual)

Please note: Members of the Diocese of Maitland-Newcastle are subsidized for training.

Registration:

All participants must register online with Good Grief at: www.goodgrief.org.au
(click on training and follow instructions)

For more information contact:

Jenny on 4979 1355

Seasons for Growth Hunter region is funded by:

Catholic Schools Office and Diocese of Maitland-Newcastle.

