

# Women Cycling Naturally



You are invited to a **FREE** seminar to hear the facts about fertility

Representatives from Billings LIFE (Leaders in Fertility Education) will explain the changes that occur in woman's cycle and what causes them to occur.

**When:** Wednesday 20 February, 2008

**Time:** 7.00pm

**Where:** The Toohey Room  
Diocesan Centre  
841 Hunter Street  
Newcastle West

Knowledge of her fertility can assist a woman to:

- Achieve pregnancy naturally
- Manage fertility naturally
- Regulate fertility while breastfeeding naturally
- Manage menopause naturally
- Monitor reproductive health

**EVERYONE WELCOME**

Further Information call Marie Owen; Phone (02) 4979 1196  
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